

DonnaLea Van Vleet Goelz

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EDUCATION

The Chicago school of Professional Psychology Ph.D. in Clinical Somatic Psychology	Los Angeles, CA 2015
University of North Florida Bachelor of Arts, Liberal Studies	Jacksonville, FL 1994
Florida State College Associate of Arts, Golden Key Honor Society	Jacksonville, FL 1975

WORK EXPERIENCE

University Of North Florida Jacksonville, FL
2015 - present

Asked to serve on the board of the Student Affairs Community Council of University of North Florida. Main task of this position is to initiate and work with the Psychology Department of UNF and the Veterans Resource Center creating research and treatment for stress and trauma.

Continuum Movement Santa Monica, CA & Neptune Beach, FL
Executive Director and now owner of Continuum movement 2013-present

Asked to become vice-president of Continuum incorporated and to direct this international company. Upon death of the founder of Continuum Emilie Conrad, asked to be executive director and owner of Continuum Movement. Current focus is on the Continuum Movement Research Project

Continuum Instructor

Continuum Movement workshops taught in US, Japan and Europe. 1000 hour training qualification completed for teaching.

Cobalt Moon Center Neptune Beach, FL
Owner & Founder 1996-present

Created and operated Cobalt Moon Center. Created and founded Cobalt Healing Center, involves studio space (for yoga, T'ai chi, and special workshops etc), a retail store, and office spaces for health practitioners (massage, acupuncture, physical therapy, etc). Currently maintaining a private practice in Somatic therapy, Energy Healing and Brennan Integration Work.

T'ai Chi Foundation and School of T'ai Chi Chuan Neptune Beach, FL
Instructor 1988-present

300 hours of training completed in T'ai Chi, Push Hands and Sword Form.
1990-1995 University of North Florida - taught two to three classes per week.
1996-1999 taught classes at the School of Classical Acupuncture in Jacksonville FL.
1996-present created T'ai Chi program at the Cobalt Moon Center, responsible for teaching students and developing teachers, promotion, advertising and curriculum.

Currently I have over sixty active students studying various levels of T'ai Chi Chuan and 10 students I am teaching to teach T'ai Chi.

Other teachers that I have studied with are: Ken Van Sickle, Judyth Weaver, Montak Chia.

Esalen Institute

Big Sur, CA,
2014-present

Invited to teach the work of Continuum Movement® at Esalen. Now on the faculty and teaches a workshop annually there.

Hollyhock Learning Institute

Manson's Landing, BC, Canada
2015-present

Invited to teach the work of Continuum Movement® at Hollyhock institute. Now on the faculty and teaches a workshop annually there.

Barbara Brennan School of Healing

Miami, FL
1996-2007

Instructor and Class Dean

1996-2007 served as teacher at Barbara Brennan School of Healing (BBSH).

1998-1999 promotion at BBSH to Administrator of 3rd Year, kept track of all the student forms and evaluation of students, interfaced with office to keep student record accurate for state requirement.

1999-2002 served as Assistant Dean of third year Class at BBSH assisted Dean with teaching the large class (90-170 students) coursework.

2002-2007 Dean of 3rd Year at BBSH, responsible for curriculum, teaching and overseeing both students and teachers of the third year at BBSH (80-170 students and 10-18 teachers per year).

2005-2007 Dean of 3rd Year at BBSHE (Europe).

Kripalu

Lenox MA
July 2005

Teacher

Presented workshop: *Fundamentals of Cellular Bodywork and Consciousness*

Family Foundations

Jacksonville, FL
2009-2015

Clinical Counselor I

Counsels children and families at risk

TRAININGS – CONTINUING EDUCATION

BBSH Practitioner, 1995

Four year college in the state of Florida that focuses on integrative health with strong emphasis on bio-energetics and core energetics.

BBSH Teacher Training program, 1997

Two year program designed to teach teachers at BBSH.

SOS Society of Souls, 1998

Three year study of the healing arts from the perspective of the Kaballah.

BBSH Supervision Training, 2001

Three year program designed to teach practioners and teachers how to work with clients on the emotional and psychological level.

ISMETA, 2002

Certified as a RSMT and RSME - Registered Somatic Movement Therapist and Registered Somatic Movement Educator.

Center for Intentional Living, 2000

Three year object relational psychology course.

COMMUNITY AND VOLUNTEER WORK

HUD Senior Citizen Facility

1981-1985 – taught a movement exercise course to residents of HUD senior citizen facility.

Charities

2000-present – created and organized ongoing weekly classes to benefit charities, including Red Cross, B.E.A.M., Doctors Without Borders, War Child, Hubbard House and St Johns River Keeper.

Specific trauma workshops

Trauma education: conferences and workshops

- Santa Fe Workshop – four day workshop on trauma held by Trauma International Resources- Led by Dr. Stephen Porges, Emilie Conrad, and Dr. Sue Carter
- ACE training St. Aug.- 5/16/12 –Trauma –Informed Care
- Participated in 3 day Trauma Webinar- 23rd Annual International Trauma Conference June 7, 8, and 9 with the following faculty: van der Kolk, Hotzel, Lantus, Porges, Feltti, Ogden and several others.
- CAPS CD-Rom purchased –did training for administration July 2012
- Joined International Society for Trauma Studies (ISTSS) in 2012 –have been a member every since.
- Cambridge- EABP Congress Fall 2012 –attended conference and did break out workshops with Dr. Stephen Porges and Dr. Sue Carter
- Trauma workshop with Amber Grey: March 6-8th, 2013-- Radical Freedom: Continuum, Trauma and the Restorative Process-
- London- breathe of Life Conference—May 25 through June 2, 2013 with: Peter Levine, Daniel Siegel, Stephen Porges, Michael Shea, Michael Kern and more. Also attended add ons: two day workshop with Peter Levine (an expert and teacher in the field of trauma), One day workshop with Stephen Porges (expert on Trauma and creator of poly-vagal theory), and two day workshop with Emilie Conrad in which I assisted her (pioneer in the field of Somatic healing movement).
- Trained with Dr. Keri Heilman (from UNC) on use of advanced trauma instrument such as HRV, Cardio Edit/ CardioBatch Plus, Prosody task.

Teaching experience with Trauma

- Asked to teach three workshops in April 2012 in Japan using Continuum Movement to help alleviate trauma responses in the body after the earthquake and Tsunami on March 11, 2011. Workshops taught in Tokyo, Nagoya, and Osaka. After expenses the money that was raised was 845,000 yen (over \$10,000), we donated, to two organizations to help with the trauma the Japanese people experienced:

"All our hands" They support and arrange family or friends, who were close and separated after earthquake to come back together. ¥399,685 donated.

"Future of the children in the east Japan earthquake fund " Provides money for the children who have lost their parents or home. ¥444,685 donated.

- Taught Tai Chi to Veterans on three different retreats for Gratitude at Marineland in St. Augustine, FL. The feedback was that it was one of the very favorite activities.
- Completed my dissertation on The effect of Tai Chi on PTSD at UNF. Had 58 people diagnosed PTSD, according to the PCL checklist, participate in a research project investigating the effect of Tai Chi to help alleviate PTSD symptoms.

Future Teaching Schedule

Workshops that I have been asked to teach this year and I have accepted.

Hollyhock, BC, Canada Aug. 2017

Neptune Beach, Florida Teacher Training for Continuum Movement® Sept. 2017, Jan. 2018, and May 2018

Japan, Tokyo- Fall 2018

Esalen, CA- Spring 1018

Japan, Tokyo- Fall 2018

Athens, Greece -September 2018-Teacher Training for Continuum Movement®